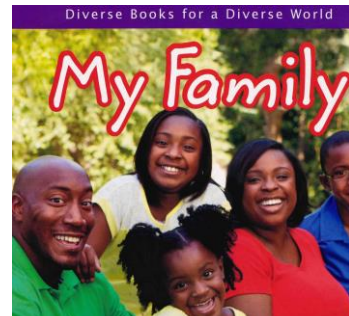




BOOK: My Family

Before Reading:

1. Read the book to yourself before reading to your child.
2. Choose a place to read that is well lit and cozy.
3. Show the cover of the book to your child, read the title, and say “Let’s learn about this family!”



During Reading:

1. As you read each page, relate it to your own family. There may be family members mentioned that your child doesn’t have and you can talk about that.
2. On the second reading, stop and point out the title of each person. Ex. “That woman is a mommy.” “That boy is a brother.”

After Reading:

Arts and Crafts: Purchase a small photo book found in most Dollar stores. Choose already printed family photographs, or take new ones, to place in the book. Make sure that every family member is represented. Let your child draw the cover and title it, “your child’s name Family”. You can use a Sharpie marker to label the names of the family members or a sentence to read on the transparent covering over the photograph.

Finger play: Teach your child this simple finger play:

*Some families are large (spread arms out wide)
Some families are small (bring arms close together)
But I love my family best of all! (give yourself a big hug)*

Snacks: Plan a family picnic, indoors or outdoors, with just you and your child! Have your child ask each of their family members what is their favorite food or snack. Take your child to the grocery store with you, when you needed to go anyway, and let them help you pick out their family’s favorite foods. Plan a picnic and while you and your child are trying each of the included treats, you can talk about which of your family members like that type of food and it might even help your child to like new things because their grandma or uncle likes it!