








November

Sharing and Caring

Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>Character Word: Friendship- a relationship between people who care about and support each other</p> <p>Calendar created by: Dr. Pamela B Connor- Educational Trainer and Consultant</p> <p>Calendar Translated by: Manuela Rodriguez</p>					<p>1 Use phrases like “use gentle hands” or “say kind words” or “be a nice friend” when redirecting your child’s behavior towards others.</p>	<p>2 Weekend Wrap-Up Gather some books on sharing and caring to read with your child this month!</p>	
							
<p>3 Being Friendly</p> 	<p>4 Bring a toy out and start to play with it and then say to you child, “Would you like to play with me?” Then, when your child is playing with a toy, ask them, “May I play with you?”</p>	<p>5 Friends encourage each other. When your child is doing any activity, make sure to say things like, “You can do it!” “Great idea!” “Keep trying!”</p>	<p>6 Friends share! Help your child string cheerios on pieces of yarn to make necklaces. They can keep one for themselves and choose a friend to give the other one too.</p>	<p>7 ACTIVITY PAGE <u>It’s Not Yours, It’s Mine</u></p>	<p>8 Sing, “Will you be a friend of mine, friend of mine, friend of mine? Will you be a friend of mine and _____ around with me? Fill the blank with – dance, jump, wiggle, hop!</p>	<p>9 Weekend Wrap-Up Set up a playdate with a friend of your child what they learned this week about being a good friend!</p>	
<p>10 Being Generous</p> 	<p>11 Sit down with 2 cookies for a snack. When your child asks for one (and they will!) say, “Of course you can have one! I will share with you!”</p>	<p>12 Ask your child to pick out 5 toys or books they don’t use anymore. Then, take them with you to donate to a shelter or a pediatric doctor’s office.</p>	<p>13 Be generous with your time. For a set amount of time, give your undivided attention to your child. Play with them, read to them, and put your phone away!</p>	<p>14 ACTIVITY PAGE “Can you help me?”</p>	<p>15 Go with your child as they deliver a bottled water or treat to your mail carrier, sanitation worker or any community helper that they may want to be generous to!</p>	<p>16 Weekend Wrap-Up Take your child with you to donate some canned goods to a local food bank!</p>	
<p>17 Being Polite</p> 	<p>18 “We say thank you. We say please. We say excuse me when we sneeze. That’s the way we do what’s right. We have manners and we’re polite!”</p>	<p>19 At mealtime, have your child sit in front of their plate and you ask, “Would you like some _____?” They need to answer, “Yes, please or No, thank you!”</p>	<p>20 Play with toy cell phones. When you answer the phone say, “Hello, how are you?” and before you hang up say, “Good-bye, have a nice day!”</p>	<p>21 ACTIVITY PAGE “Hello, how are you?”</p>	<p>22 Play an easy game with your child. This could be rolling a ball, throwing bean bags, or a simple board game. Use terms like, “Wait your turn” and “My turn” to teach good game manners!</p>	<p>23 Weekend Wrap-Up Have a jar and give your child a coin to put in every time you see them use good manners. Spend the money on a special “good manners” treat!</p>	
<p>24 Being Thankful</p> 	<p>25 Sing before a meal: “We are thankful for this meal. This is how we really feel. Good food makes us strong, our family sings along. We are thankful for this meal!”</p>	<p>26 Say “thank you” as often as you can in front of your child. At a restaurant, the grocery store, to a family member, etc. Modeling a behavior is the best teacher!</p>	<p>27 Make a placemat using a large piece of construction paper. Help your child cut out and glue pictures from magazines of items they have and are thankful for.</p>	<p>28 ACTIVITY PAGE “Thankful Stick”</p>	<p>29 Teach your child to touch their chin with an open hand and then bring the hand straight down. That is “thank you” in sign language!</p>	<p>30 Weekend Wrap-Up Finish up this month by looking over all of the activities you did with your child this</p>	



It's Not Yours, It's Mine

by Susanna Moores

Sharing can be difficult for children but this book will show your child that when they share, others will share with them too! After reading this book, have each of your children choose a toy they would like to share with their siblings and they can make a trade for a set amount of time. If you only have one child, set up a play date with some friends and call it a “Share Play Day”. Everyone will bring a toy to play with and share with their friends!





Can you help me?

One way to teach your child about being generous is to ask for their time and their help. This can be informal, such as when you are folding clothes and you ask if they will deliver items to different rooms of the house. You could also introduce specific chores that your child is responsible for such as feeding your pet every morning or making up their bed (who really cares how it looks when they are done?) Praise them for being so generous by helping around the house.





Hello, How are you?

Sing this song with your child to teach them good manners when they are meeting someone new. First, shake their hand and sing:

“Hello, how are you? Hello, how are you?
Hello, how are you? How are you today?”

I’m fine, how about you? I’m fine, how about you?
I’m fine, how about you? How are you today?

Nice to meet you, have a nice day!
Nice to meet you, have a nice day!
Nice to meet you, have a nice day!
Can’t wait to see you again!



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Thankful Stick

Help your child find about a 12-inch, sturdy stick from your yard or somewhere outside. Gather supplies such as ribbon, feathers, buttons, or any other materials you have around your home. Help your child glue or tie materials on the stick to make it extra special. Call this your family's "thankful stick" that is passed around the dinner table. Whoever is holding the stick will say something they are thankful for and then pass the stick to the next family member or friend who may be joining you for dinner!

